



6815 NOBLE AVENUE – VAN NUYS, CALIFORNIA 91405 – (818) 901-6600
24051 NEWHALL RANCH RD. BLDG C, VALENCIA, CALIFORNIA 91354 – (661) 254-6364
2400 BAHAMAS DRIVE – BAKERSFIELD, CALIFORNIA 93309 – (661) 328-5565
3605 ALAMO STREET, SUITE 200 – SIMI VALLEY, CALIFORNIA 93063 – (805) 578-8550
800 SOUTH FAIRMOUNT, STE 325 – PASADENA, CALIFORNIA 91105 – (626) 585-2948
375 ROLLING OAKS DR., STE 210 – THOUSAND OAKS, CALIFORNIA 91361 – (805) 497-7015
913 ALENE AVE, RIDGECREST, CALIFORNIA 93555 – (760) 499-7099
19950 RINALDI STREET #100, PORTER RANCH, CA 91326 – (818) 363-2273

Request for Medical Consultation / Clearance for Surgery

Dear Primary Care Physician:

Our patient is scheduled for surgery with Dr. Mark Getelman. Please assess risk (pre-op clearance) and manage appropriate medical issues pre-operatively. **Patient must be cleared for surgery in an outpatient setting.**

Healthy Patients (without a medical health problem and BMI < 35):

5 to 25 years: No Routine Testing Required
26 to 40 years CBC, BMP, UA(females)
41 years and older: CBC, BMP, EKG, Medical Clearance / Comprehensive H&P

Minimum Required Tests: (Medical Clearance / Comprehensive H&P required)

BMI 35-39	CBC, BMP, EKG, CXR
BMI 40-44	CBC, BMP, EKG, CXR, Cardiac Clearance (may be from PCP if willing to assess cardiac risk and give clearance)
Sleep Apnea	CBC, BMP, EKG
HTN	CBC, BMP, EKG, CXR
Heart Disease	CBC, BMP, EKG, CXR, Cardiac Clearance (pacemakers must be interrogated within 6 months, AICD within 3 months)
Stroke	CBC, BMP, EKG, CXR, Cardiac Clearance (no surgery within 180 days of event)
Pulmonary Disease	CBC, BMP, EKG, CXR, (PFT's for severe COPD), Cardiac Clearance (may be from PCP if willing to assess cardiac risk and give clearance)
Tobacco Use	CBC, BMP, EKG, CXR
Diabetes	Fasting BMP, CBC, HgA1C if over 20 years of age add EKG
Kidney Disease	CBC, BMP
Liver Disease	CBC, BMP, PT / PTT, LFT's, EKG, CXR
Bleeding Disorder	CBC, BMP, PLT, PT / PTT
Thyroid Disease	Medical Clearance

Testing guidelines:

Labs < 60 days old
CXR < 1 year old if there have been no interval pulmonary complaints or changes
EKG < 60 days old if there have been no interval cardiac complaints or changes

Should you have any questions please call our office at (818) 901- 6600 Ext. 6468 or 6426

Please fax H&P / medical clearance to: Dr. Getelman's office 818-901-4587.